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Advertisement for stroke associations

How should we measure physical activity recovery after stroke?



We are a group of international researchers with expertise in physical activity after stroke. Our aim is to provide international recommendations for measuring physical activity after stroke. To do this, we need your thoughts and suggestions on how we should measure physical activity and what information is important to you. So, we invite you to participate in a survey of stroke survivors and carers to find out your opinions on this topic. You can access the survey and more information [HERE](#) (link to information sheet, consent form & survey).

If you would like to contact the research team, please email Dr Natalie Fini at natalie.fini@unimelb.edu.au

Advertisement for social media (twitter & Facebook – from accounts of the researchers on the project)

How should we measure physical activity recovery after stroke?



If you are living with stroke, or care for someone with stroke, we want your thoughts on how we should measure physical activity in clinical practice and future research, and what information is important to you. If you are interested in participating in this 10-20 minute survey, [click this link](#). (link to information sheet, consent form & survey).

For more information, please contact Dr Natalie Fini at natalie.fini@unimelb.edu.au

(ACTIOs twitter handle) *Note: ACTIOs – the ACTivity to Improve Outcome after Stroke research group is a research collaboration that the Australian researchers on this project are a part of.*

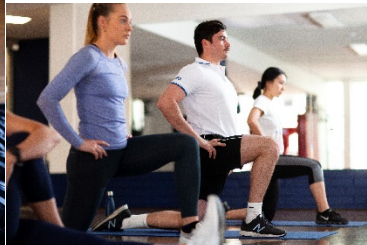
How should we measure physical activity recovery after stroke?



The ACTIOs group and its international collaborators are inviting stroke survivors and carers to be participate in a survey about measuring physical activity after stroke. If you are living with stroke, or care for someone with stroke, we want your thoughts on how we should measure physical activity in clinical practice and future research, and what information is important to you. If you are interested in participating in this survey, [click this link](#). (link to information sheet, consent form & survey).

For more information, please contact Dr Natalie Fini at natalie.fini@unimelb.edu.au

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***Note all pictures taken from the University of Melbourne Image Bank (photos of younger people) and the free websites: <https://www.pexels.com/> & <https://unsplash.com/> (photos of older people & dancing)**